

General Rules

- All teams must field a minimum of 6 players with a minimum of 2 female players on the field during play and a maximum of 8 players.
- All teams must field a pitcher, catcher, 4-6 infielders / outfielders.
- All teams must determine a kicking order before the game. Kicking order must remain the same throughout the game.
- In order for a player to take a turn kicking, they must have played the prior inning in the field. OR all players on the team can take a turn at bat even if they didn't play in the outfield. The two teams must decide this prior to the start of the game.

Starting Play

The visiting team kicks first while the home team starts out in the field. The fielders line up in one of 9 positions. The first kicker steps up to the plate to kick.

Pitching

The ball must roll on the ground when crossing over the plate. No Bouncing, or it is counted as a ball. The pitcher has to stay behind the pitching rubber until the ball is kicked. Failure to do this results in a "ball." The strike zone is 1 foot inside and outside of home plate.

Kicking

The ball must be kicked with the foot or leg.

All kicks must be made behind home plate. It's okay to step on home plate while kicking.

No bunting is allowed (contacting the ball without fully extending the leg). A bunt is called an out.

If the ball hits the ceiling when kicked, the batter is out and the runners return to the base they originated from.

Strikes

If a kicker gets 3 strikes, she is out.

A **strike** is:

- a pitch inside the strike zone that isn't kicked.
- an attempted kick that's missed. It doesn't matter whether it was inside or outside the strike zone.
- a foul ball.
- a ball that is kicked before it rolls over home plate.

Balls

A kicker gets a free trip to first base after 3 balls.

A **ball** is called when:

- a pitch is outside the strike zone, and the kicker doesn't try to kick it.
- a pitch bounces across home plate.
- any fielder, including the pitcher, advances toward home plate before the ball is kicked.

Foul Ball

A **foul** is a kick that:

- lands in foul territory.
- goes out of bounds before passing 1st or 3rd base that isn't touched by any player.
- A foul counts as a strike.
- If a player gets 3 fouls, he's out.
- If a player has 2 strikes and then kicks a foul ball, she's out.

Runner

- Runners have to stay in the baselines.
- Sliding into the base or running into fielders is not allowed. The runner is out if he runs into the fielder. The runner is safe if the fielder initiated the contact.
- Fielders must stay out of the baseline. Unless they are making an active play for the ball, if they interfere with a runner, the runner is safe at the base they are running toward.
- No runners may lead off or steal. They can only run after the ball is kicked. A runner who is off the base before the ball is kicked is out.
- Runners have to tag up after a fly ball is caught before they can advance to the next base.
- Runners may overrun 1st base, but they must turn toward foul territory once they pass the base. If they overrun any other base, they may be tagged out by a defender with the ball.
- If the ball is overthrown, the runner may advance only one base.
- If a runner overtakes and passes a runner on the bases ahead of him, he is out.
- When the pitcher has control of the ball and is standing on the mound, all of the runners must stop advancing.

Duration

- Games will be 4 innings or 20 minutes long. If the full 4 innings are not completed before the 20 minutes, team that is winning after 20 minutes will be declared the winner even if play is in the middle of an inning. The only exception is for the championship game. The inning will be completed for the championship game.
- If it's a tie after the 20 minutes, both teams will continue where they were at in the game and the team that scores first wins. If after 5 minutes of play and there is no decisive winner, then we will have a coin toss to declare the winner.
- Each inning is divided into a top and bottom half with each team having a turn to kick. The visiting team kicks the first half (or top) of each inning, and the home team kicks the second half (or bottom) of the inning. A half inning is completed when the kicking team gets 3 outs. If the game is tied at the end of 4 innings, teams continue to play complete innings until one team is ahead.

Scoring

A team scores a point every time a player rounds all of the bases and crosses home plate.

Outs

A **batter** is out if:

- he kicks the ball, and it's caught in the air (even if it's in foul territory).
- she gets 3 strikes, 3 fouls, or 2 strikes + a foul.
- he bunts the ball (doesn't take a full swing of the leg in an attempt to kick the ball a short distance).
- The ball is fielded back to the pitcher before the runner gets to first base. The pitcher must be touching the mound.

A **runner** is out if:

- she is hit by a kicked ball while off base.
- a fielder tags her with the ball while she's not on a base.
- he runs out of the baseline.
- a fielder throws the ball and hits him below the shoulders while he's off the base. (Runners hit in the head or neck aren't out unless they were ducking to dodge the ball.)
- she is tagged by a fielder before reaching the base she is forced to run to or if a fielder with a ball touches the base before she gets there.
- she leaves the base before the ball is kicked.
- he fails to tag up on a fly ball and the ball beats him back to the base he was on.
- she runs past a runner in front of her.
- he runs into a fielder who is trying to make a play on the ball.